



FOOD
& WINE
TRAILS
EPICUREAN TOURS

kukkula

Scandinavian Land Tour

June 16 – 29, 2025



GET TO KNOW YOUR HOSTS & OWNERS OF KUKKULA, KEVIN & PAULA JUSSILA

kukkula (kook-koo-luh), “hill,” or “high place”

kukkula refers to owner/winemaker Kevin Jussila’s Finnish heritage and the family’s 80-acre hillside property west of Paso Robles. The dream started around 1990, when Kevin & Paula Jussila built their first home in Topanga, California. It was about then that Kevin became somewhat infatuated with wine. He was already interested in farming, and the 2 ½ acres they purchased provided the opportunity for Kevin to dig his heels in the dirt when he planted 1 ½ acres of vines. Little did he realize where it would lead!

In December of 2004, they purchased an 80-acre walnut orchard in Adelaida, moved to the Central Coast, and started the process of building a home, winery, vineyard, and olive orchard. Because of Kevin’s love of Rhone wines, and the terroir is so similar to the Rhone region of France, they are Rhône-centric and produce almost exclusively blends from the 42 acres they’ve planted. Other than Cabernet Sauvignon, they grow Syrah, Grenache, Mourvèdre, Cunoise, Petite Sirah, and Roussanne.

Farming at kukkula is done organically and without irrigation, creating wines of intense aromatics, flavors, and color, that are a true expression of place, and the essence of the unique terroir. All fermentations use native yeasts, and red blends are never fined or filtered. They only make blends from estate fruit and don’t adhere to conventional notions and trends. Rather, curiosity and creativity dictate what goes into the final blends.

Check out some of the nice things wine critics are saying about kukkula at kukulawine.com/journal.



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A Scandinavian Adventure: Featuring the Best of Helsinki, Tallinn, Turku & Stockholm

13 Night/14 Day



Finland and Sweden, for some time now, have led the way in cultural cool. This region is renowned for its sleek design, fika lifestyle, and jaw-dropping natural scenery. During this trip you will be immersed in the Finns and Swedes favorite pastime – being outdoors kayaking through the archipelago, hiking through the unspoiled forest, sailing through tiny islands that are too numerous to count, and walking through historical sites, like Suomenlinna in Helsinki - not to mention the museums and architecture!

This tour offers time in Helsinki, Tallinn, Turku and Stockholm. Discover the highlights and hidden gems in this region by joining this 13-night/14-day journey. Marvel at the ancient architecture, centuries-old history, fascinating cities and best of all, innovative gastronomic experiences. Your winery host, Kevin Jussila, has personally selected most of the restaurants to ensure you experience the best each city has to offer.

Unravel the rich history and cultural tapestry of these enchanting cities as you weave through the charming streets. Well-preserved medieval buildings stand alongside modern architecture. Your city guides will bring history to life, sharing captivating tales of ancient kings, maritime legends, and the city's pivotal role in this region's heritage.

Celebrate Juhannus in the traditional Finnish way – enjoying time with friends and family along the sea. On the summer solstice you will be taken to Herrö, a private island where you will have lunch and can stroll around the island or take a traditional sauna with a dip in the sea. Your day will conclude with an exclusive 4-course dinner with wine.

Discover the highlights and hidden gems of Scandinavia, join Kevin and Paula, on this 14-day journey and immerse yourself in the breathtaking, romantic scenery in this unforgettable multi-country journey.



Nokka

Day 1 – Monday, June 16, 2025:

Welcome to Helsinki! Arrive at the Lapland Hotels Bulevardi before 5:00PM to kick off your tour with a 4-course wine-paired welcome dinner at the Michelin Green Starred **Nokka Restaurant**. Housed in a port warehouse from the 19th century and located in the beautiful seaside neighborhood of Katajanokka, Nokka is led by head chef Ari Ruoho. He is committed to serving his customers only the purest seasonal ingredients which he often hunts and gathers himself or sources from a network of trusted small suppliers. The wine cellar holds older vintages and rarities focusing on classic European regions. There are quite a few well-established names on the list but also some smaller organic-driven producers. After dinner, you will head back to your hotel.

[D]

Day 2 - Tuesday, June 17, 2025:

Start your day with breakfast at the hotel and then a brief guided city tour of Helsinki and the peninsula. This will allow you to get acquainted with the general layout of the city, highlighting significant historic and cultural landmarks like the Helsinki Cathedral, Senate Square, Tempelliaukio, Central Library, Sibelius Monument, the Esplanadi, and Kauppatori. It is at the **Kauppatori**, Market Square, that you'll be dropped off to explore at your leisure to engage in the vibrant atmosphere of this historic trading hub, and perhaps have lunch at the **Vanhakauppahalli** (Old Market Hall), where you'll find an amazing array of traditional Finnish cuisine.

Arrive at **Suomenlinna** via ferry and begin a guided tour of the sea fortress, stretching over six separate islands and built gradually starting in 1748. The landscape and the architecture of the fortress have been shaped by several historic events. It has served to defend three different sovereign states over the years: the Kingdom of Sweden, the Russian Empire and most recently the Republic of Finland.

Tonight, a private 4-course wine-paired dinner will take place at **Baskeri & Basso Wine Bistro** (or just “BasBas” as the locals call it). This venue is renowned for its straightforward and exquisite French-Italian bistro-osteria cuisine. The Europe-focused wine list features selections from numerous small artisanal wineries and vigneron, selected especially for kukkula guests! A drive back to your hotel will conclude the day.

[B,D]



Suomenlinna



BasBas

Day 3 - Wednesday, June 18, 2025:

The Estonian capital of **Tallinn** is often described as a fairy tale, cobblestone alleys Old Town, between the defensive ramparts, the gothic church spires and the stately merchant's houses. Tallinn also boasts top-tier museums, a rich cultural scene, and multicultural cuisine blending Nordic, German and Russian influences.

After taking the ferry from Helsinki to Tallinn, this morning starts with a short introductory drive around Tallinn's ancient city walls, ending at the upper part of Tallinn Old Town where a walking tour will begin. Take in the stunning views from Toompea Hill towards the city, followed by an exploration of the lower part of Tallinn's old town (or lower town), a neighborhood established by merchants and artisans in the 13th century.

Lunch today will take place at **Olde Hansa** (or similar), the oldest, most intriguing restaurant in Tallinn and like a living museum dating back to the 14th century. Next, take a guided tour of "**Põhjala Brewery**," which includes a stroll through its production area with information about beer making and the brewery. Cap off this portion of the tour with a tasting of 3-4 beers.

Indulge in an early dinner this evening at **Leib Restaurant** (or similar). Located in Tallinn's Old Town and surrounded by lush gardens and terraces, the atmosphere provides a perfect setting for Leib's dishes: modern Estonian cuisine rooted in tradition. One of the restaurant's owners, the award-winning sommelier Kristjan Peäske, has turned his eatery into a "sommelier school." It keeps producing new sommeliers who bring home one award after the other. Just trust your sommelier's advice and you'll be partaking in little-known varieties that match the food perfectly.

Following dinner, catch the ferry back to Helsinki and a short coach ride to your hotel to close out the evening.



Tallinn, Estonia

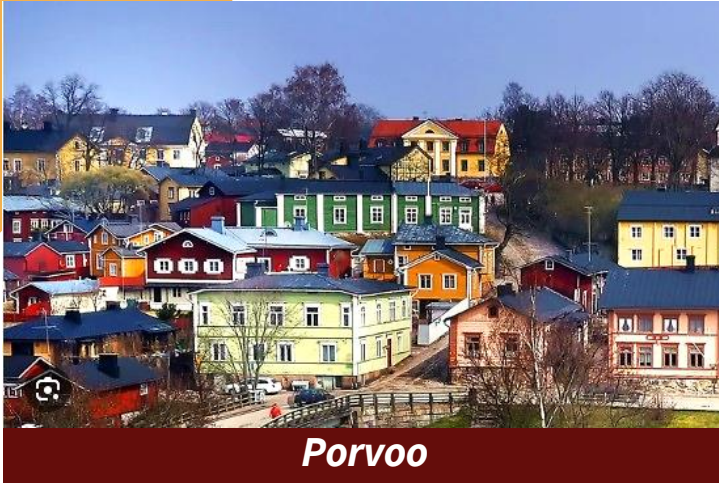


Olde Hansa



Põhjala Brewery

[B,L,D]



Porvoo



Ravintola Muru

Day 4 – Thursday, June 19, 2025:

Today after breakfast, you will once again walk to the boat dock and take a chartered boat to the archipelago of Uusimaa to the UNESCO World Heritage site of **Porvoo**, the second oldest city in Finland founded in 1346. Once in Porvoo, your guide will take you on a brief walking tour where you will visit the iconic Cathedral, one of the oldest churches in Finland. You'll see the historic red warehouses that have become the symbol of Porvoo. It is said that these wooden buildings are the most photographed attraction in the country. As you venture into the vibrant Old Town, you will encounter a kaleidoscope of colorful buildings, charming cafes, inviting restaurants, boutique shops, and insightful museums.

After having a leisurely lunch on your own, board your awaiting coach and head back to Helsinki where you will have some free time before meeting up with the group for dinner.

There is a new era of bistros in Helsinki which is marked by an invigorating blend of tradition and innovation, making the city a vibrant hub for food enthusiasts. Tonight's 4-course, wine-paired dinner takes place at **Ravintola Muru**, a popular and cozy bistro outfitted with quirky touches such as a wine bottle chandelier, a bar made from old wine boxes and a raised 'cellar.' Recognized for its wine prowess, Muru has repeatedly earned "Wine Spectator's Best of" Award of Excellence, capturing a unique niche with its blend of Italian-French bistro charm and Nordic ingredients. Owners Samuil Angelov, Henri Alen and Timo Linnamäki are all long-term professionals who founded Muru in 2010. Since then, Muru has established itself amongst the very best restaurants in Finland, chosen as the restaurant of the year in Finland by the Finnish Gastronomic society.

After dinner, you will walk back to your hotel.

[B,D]

Day 5 - Friday, June 20, 2025:

Today is Juhannus (mid summer) and you will be celebrating in style! After a leisurely breakfast and a free morning, walk to Market Square to board your RIB boat to **Herrö**, a private event space in the resort islands of Espoo. The short ride through Helsinki's astonishing archipelago offers a stylish and refreshing way to arrive at Herrö, traveling past magnificent landscapes made up of lush and rocky islands. Passing these islands both inhabited and uninhabited, you will experience historic sites and summer houses dating back from the 17th century which are passed down through generations.

You will be spending a picture-perfect day on this spectacular island by indulging in a specially prepared grilled buffet lunch, followed by a local craft beer tasting. Delight your senses with a Finnish Sauna Experience, a tradition involving cleansing of the body and mind and embracing a sense of inner peace. Culturally, the sauna is considered a sacred space – a 'church of nature.' According to an old Finnish proverb, *“If sauna, liquor and tar don't help, the disease is probably fatal.”*

Close out this relaxing day by discovering the tastes of the archipelago with a 4-course dinner paired with wine. Afterwards, take a private ferry back to the Helsinki pier and transfer back to your hotel for the remainder of the evening.

[B,L,D]



Day 6 - Saturday, June 21, 2025:

After having breakfast at your hotel, board your waiting motorcoach for **Vartiosaari**, an island in Eastern Helsinki. First explore the island by kayak where you will see many villas and vacation homes - the oldest dating back to the late 19th century. This tour gives you a glimpse into the island's history and its present.

You will then be taken to the nearby **Furu Restaurant** (or similar) for lunch in a relaxing, picturesque location by the Baltic Sea. Once you have been rejuvenated, you will be taken back to Vartiosaari to explore Finland's natural beauty by foot on a nature trail hike, taking in historical sites along the way.

After a full day in the fresh air, take the rest of the evening for yourself and enjoy dinner wherever you like. Make plans to dine at one of Helsinki's Michelin restaurants or visit one of the many eateries located within walking distance right outside your hotel. [B,L]



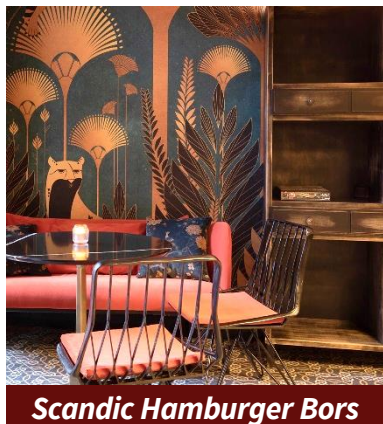
Day 7 - Sunday, June 22, 2025:

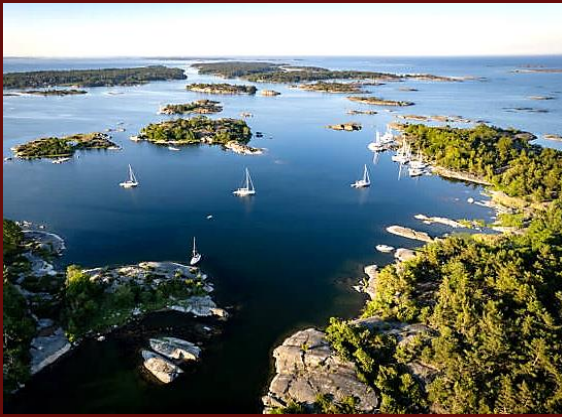
Today you are on the move – say goodbye to Helsinki and hello to Turku after a 2-hour drive. Your coach will drop you off at the Turku Castle then will conveniently take your bags to your hotel.

Turku is the oldest city in Finland and has been named the European Capital of Culture. This medieval city is bursting with museums, galleries, and festivals as well as a restaurant scene that is fast becoming a favorite among foodies. Turku has also evolved in harmony with nature; there are countless parks, forests, and beaches here, and the iconic riverside is beloved by locals. There is no place like the Aura River on a bright summer's day.

Begin your excursion with a private guide taking you on a sightseeing adventure through the iconic, medieval 700-year-old Turku Castle. After your castle tour, not only will your guide tell tales of ancient times and explain the city's pivotal role in the Finnish heritage, but they will also provide lunch suggestions. After the tour, enjoy lunch and the rest of the afternoon on your own at your leisure.

Tonight's 4-course dinner with wine will take place at the **Scandic Hamburger Bors Restaurant**, conveniently located at your hotel.





Archipelago



Paddaisten Kartano

Day 8 - Monday, June 23, 2025:

Embark on a full day of discovery by minivan of the archipelago surrounding Turku. Today will be curated specifically for the group. Your driver will take you on an “island hopping tour” and instead of “planes, trains and automobiles,” it will be “cars, ferries and feet!” Finland’s road maps actually include ferry crossings so you know where you can go by car. Today’s timing will be a free-flowing schedule that you can discuss as a group and decide how to plan your day. There are so many local areas, islands and communities to explore that offer unique experiences and delicious food. Lunch will be decided as you go and will be on your own. After your day of exploring, you will be taken back to your hotel to get ready for tonight’s special dinner.

This evening will be an extraordinary treat created by a good friend of Kevin’s. Wilhelm Rosenlew, who is a restaurateur and currently runs the **Paddaisten Kartano Farm**, will bring a private chef to his estate to prepare tonight’s culinary delight. Enjoy a very special wine-paired dinner at the Orangerie, a historic building located on the grounds of this farm. This land has been in the family since the 17th century and is only available by permission of Wilhelm. The Paddais Estate has grown and shrunk in size, scope and focus over the past 400 years. Between grain farming and breeding pedigree beef cattle, they have found a way to flourish.

[B,D]

Day 9 - Tuesday, June 24, 2025:

Once you have had a leisurely breakfast, you’ll be on the move for the last time. You will be taken to board the brand-new **Viking Line** ship for the 10.5-hour cruise to Stockholm. Sit back and relax in one of the many lounges or decks, shop duty-free, do some gambling or relax in your included inside cabin. The lunch buffet is also included with your boarding ticket so feel free to enjoy the variety offered on-board the ship. Upon arrival and after clearing customs, your coach will be waiting to take you to your hotel.

After checking in at the **Reisen Hotel**, the rest of the evening is free to start exploring Stockholm on your own, dine in a local restaurant or relax in your room.

[B,L]



Viking Line Ferry

Day 10 - Wednesday, June 25, 2025:

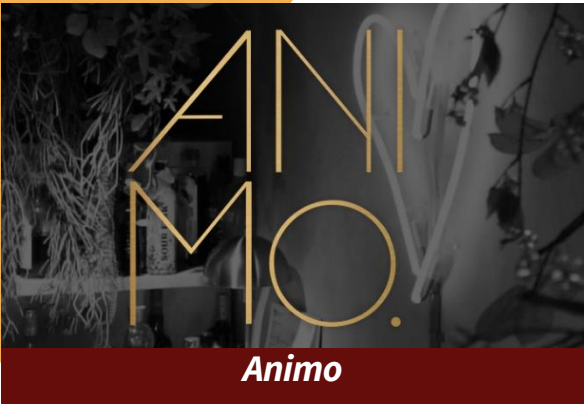
The magnificent **Stockholm Royal Palace** will be your first tour of the day. This Palace is H. M. the King's official residence and constitutes an essential element of the monarchy's official role. Besides the castle's reception rooms there are three additional museums you will be able to explore. Next get a brief walking tour of Gamla Stan, the medieval center of Stockholm and the island where your hotel is located. Your guide will explain the history of this area before walking with you to the **Fotografiska Museum**. This museum is a vital center for contemporary photography with an ambition to exhibit world-renowned photographers, many of whom have never shown in Sweden.

Today's lunch will be on your own. You can opt to grab a bite at the museum's quaint bistro or find a spot on your way back to the hotel.

Tonight's 4-course wine paired dinner will be at **Animo** (or similar). Animo means soul in Esperanto. Chefs Anders Karlsson and Daniel Haynes have created a menu that includes well-composed dishes with intriguing flavor combinations and textures. After dinner you will be taken back to your hotel. [B,D]



Royal Palace



Animo



Vasa Museum



Brasserie Astoria

Day 11 - Thursday, June 26, 2025:

Stockholm is a city with numerous popular museums. Today you will visit the incredible **Vasa Museum**. The Vasa is the only preserved 17th century ship in the world and a unique art treasure. More than 95 percent of the ship is original, and it is decorated with hundreds of carved sculptures. The 69-meter-long warship sank on its maiden voyage in the middle of Stockholm in 1628 and was salvaged 333 years later. For nearly half a century the ship has been deliberately and painstakingly restored to a state approaching its original glory.

From here, you will be provided with a Stockholm City Transportation Card to take a ferry to any of the other islands, like Djurgarden, to explore or to visit some of the other museums. With lunch and the afternoon on your own, plan to be back in time for tonight's dinner.

Dinner will be a 4-course wine paired dinner at **Brasserie Astoria** (or similar). In a time where war and depression created a need to escape, the former cinema, which dates from the 1870s, became a place of entertainment and socializing. After dinner, you will be taken back to your hotel. [B,D]

Day 12 - Friday, June 27, 2025:

This morning after breakfast, choose between a visit to the **Drottningholm Palace** or a **kayaking** outing through the archipelago.

- The Drottningholm Palace is included on the UNESCO's World Heritage list and is the most well-preserved royal castle built in the 1600's. The combination of the exotic Chinese Pavilion pleasure palace, the palace theatre and the magnificent palace gardens make an incredibly unique experience.
- The archipelago, described as the most beautiful in the world, offers an incredible opportunity for paddling in the ever-changing landscape of large uplands, sheltered rocky coves, lively archipelago villages and thousands of islands. Welcome to an enchanting kayaking trip by the open sea.

A 3-course lunch will take place today at **Skeppsbron 10**, located just four houses down from the Royal Palace.

Finally, get ready to see the city from another vantage point with a private **bike tour**. Your guide will showcase Stockholm's historic past and colorful present, while exploring beautiful places not accessible by bus or boat. Close out the day with the rest of the evening on your own. [B,L]

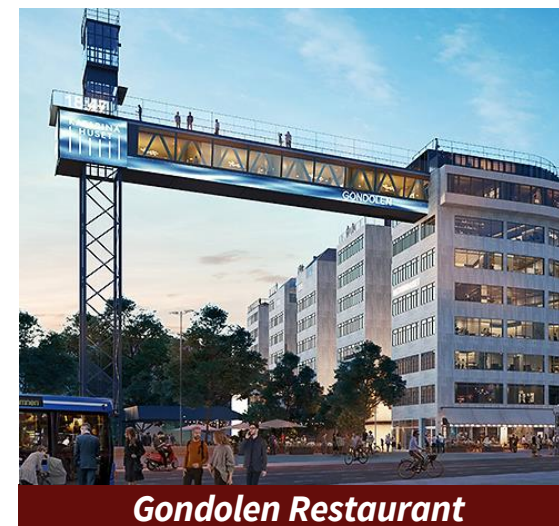


Day 13 - Saturday June 28, 2025:

After breakfast at your hotel, board the private yacht, M/Y Charm, for a last sailing through the archipelago. Enjoy time with each other leisurely cruising, sharing stories and memories of the trip thus far.

After the cruise, you will get dropped off in the city center. Here you can get lunch on your own then take the rest of the afternoon to leisurely explore Stockholm.

A farewell wine-paired dinner will be held at **Gondolen**, a beloved Stockholm restaurant. It has the most spectacular view and is often referred to as "Sweden's Eiffel Tower." The walkway forged in black metal, leads to the historic Katarinahissen (Katarina Elevator). Originally built in 1881, this passenger lift once served as a shortcut to the various levels of Södermalm Island and ran on a steam engine. After dinner, you will be taken back to your hotel. [B,D]



Day 14 - Sunday, June 29, 2025:

It is always hard to say goodbye, but this concludes your enchanting Scandinavian tour. After breakfast, check out of your hotel in preparation for your onward journey.

Everyone will leave on their own so your transfer should be added when purchasing your flights.

[B]





The 5-star Lapland Hotels Bulevardi lies in the Kamppi district and takes you into the atmosphere of Lapland in a fascinatingly modern way right in the center of Helsinki. In the hotel's décor you can sense northern stories and magical nature with a touch of gold glitter. In more than 100 rooms you will find your own sauna. The experience is completed by the atmospheric restaurant Kultá Kitchen & Bar, which offers northern flavors at their best.

Lapland Hotels Bulevardi

6 Nights / June 16-22, 2025

Mystique Deluxe with Sauna Room

Amenities include:

- Minibar
- Electric kettle
- Air conditioning
- Free WiFi
- In-room safe
- Writing desk
- Television streaming service
- Flat screen TV
- Sauna in bathroom





The iconic Hamburger Börs has been hosting guests since 1894 – right in the center of Turku by the Market Square. The newly updated modern Hamburger Börs provides peaceful accommodation in the hotel’s new annex, where beautifully designed rooms all equipped to ensure a great night’s sleep. The new annex on the courtyard side is built in a style respecting the architectural features of the early 20th century. The reception, the airy lobby and the spacious lounge area are located here.

Scandic Hamburger Börs Hotel

2 Nights / June 22-24, 2025

Superior Room

Amenities include:

- Television cable channels
- Hair dryer
- Room service
- Air conditioning
- Free WiFi
- In-room safe
- Writing desk
- Flat screen TV





This 5-star hotel is set directly on Stockholm's scenic waterfront and uses the historic Old Town (Gamla Stan) as its picturesque and telling backdrop. The building's foundation dates back to 1617 — a time when Gustavus Adolphus the Great was the King of Sweden, and the world had just invented telescopes and steam turbines.

For centuries, the building has served numerous functions. The name originates from the Dutchman Fredrik Reiss who ran a semi-legal coffeehouse in the 1750s. It's also been used as storehouse, drinking den, and an epicenter for some of the most prominent poets in European history.

Reisen Hotel

5 Nights / June 24-29, 2025

King Bed Sea View Room

Amenities include:

- Minibar
- Electric kettle
- Satellite television channels
- Room Service
- Pillowtop bed/premium bedding
- Free WiFi
- Eco-friendly toiletries
- Writing desk
- Flat screen TV





PER PERSON PRICE: \$14,198.00
SINGLE SUPPLEMENT: \$2,283.00

Deposit Required (per person): \$3,000.00
Final Payment Due Date: February 15, 2025

TOUR INCLUDES: Thirteen (13) hotel nights in various King room categories, hotel portage, thirteen (13) breakfasts, two (2) buffet lunches, three (3) lunches with wine, nine (9) wine-paired dinners, one (1) dinner with wine, all tours and entrance fees where applicable, transportation on deluxe AC motorcoach, bottled water on the motorcoach and all local taxes. Select components of the tour will include a local English-speaking guide as noted in your itinerary.

NOT INCLUDED: Arrival and departure transfers, airfare, gratuities for the guides and drivers, hotel upgrades, additional hotel nights, and all items of a personal nature. Local city accommodations tax, such tax shall be payable by Program Participant to hotel upon departure.

ACTIVITY LEVEL: There will be a great deal of walking on uneven surfaces throughout the tour. Activities will include hiking, biking and kayaking at your own pace.

NOTE: Times and providers are subject to change.

TRAVEL INSURANCE: F&WT highly encourages protecting your travel investment in case of an emergency requiring you to cancel your trip. Your F&WT's Travel Advisor can assist you with procuring the appropriate coverage. Please make sure to read the cancellation policy on the registration form outlining our cancellation policy.

[REGISTRATION FORM](#) Click here to complete your registration.